

GUIDELINES FOR STIMATE ADMINISTRATION

Stimate is the brand name of a highly concentrated form of intranasal DDAVP or desmopressin, a synthetic form of vasopressin. Vasopressin is a hormone, produced by the body, which has been shown to cause the body to release its stores of Factor VIII and Von Willebrand Factor. These factors assist with blood clotting. Vasopressin also causes the body to retain water.

- Each vial of Stimite gives 25 sprays. Once 25 sprays have been given the vial must be discarded even if solution remains in the vial. After 25 sprays the amount of medicine is greatly decreased.
- It is important to “prime” the Stimite vial with 4 sprays before the first use and with 1 spray after the first use if the vial has not been used in 7 days
- Stimite must be kept in the refrigerator (not the freezer).
- Spray the Stimite up the nostril and breathe in deeply. Some facial flushing may occur following use.
- Once the expiration date has been reached, throw the vial away.
- Stimite may be given only once in a 24 hour period. The dose may be repeated after 24 hours two times for a total of three doses. Beyond these doses if bleeding continues the Stimite will be ineffective. If bleeding continues contact your Hematologist for further instructions. IV DDAVP or Factor concentrate may be required.
- Because Stimite causes water retention children who take Stimite must have their fluid intake reduced for 24 hours following Stimite use. Drink only to satisfy thirst.
- Remember to keep a record of Stimite use in the log provided.